

CV gaps and job-hopping wording

CV lines

Gap: [dates]. [Plain reason in a few words].

Available to start: _____

Short role: [dates], [title]. Ended because _____.

Cover letter

I left after [time] because _____.

What I would bring here: _____.

Interview

Fact: _____

What I learned: _____

What I want to talk about instead: _____

Not medical advice and not a diagnosis. Nancy Osazee, Founder.